



Hygge your home

Hygge is a word that's currently on everyone's lips. The increasingly recognisable word originates from Denmark and was originally a Norwegian term for 'wellbeing'. Here, i-build advises on how to introduce this peaceful, calming sense of welfare into your self-build's interior.

Hygge, pronounced 'hue-gue', has no direct translation – it has been described as more of a 'feeling' that the Danes have adopted to contribute to their renowned persona of being lovers of calm and serenity. It is a Danish form of art that creates intimacy, inducing a feeling of contentment. A clutter-free home is a perfect place to start your hygge theme: a minimalistic interior with hidden storage will provide a stress-free environment for a home's owners. Although minimalism is at the forefront of the hygge movement, personal trinkets and decorations such as family photos and softly glowing candles still play a prominent role. Texture and lighting set the scene for cosy nights in during the winter months to create a perfect, soothing atmosphere. While wood will bring a sense of warmth to an interior and transports an aspect of the outside world into an interior space.

1. Cocoon Aeris fireplace, £3000, Wharfside
2. Hugo copper and concrete table lamp, £69, Abode Living
3. Scandinavian Hygge scented candle, £25, Printer + Tailor
4. Log basket blue-grey hemp, £49.95, Decorator's Notebook
5. Copper Scandi standing photo frame, £14.95, Made With Love Personalized Boutique
6. Swedish wool blanket, £64, Eclect Design
7. Hazzook round pink stool, £55, Jane Trozzo
8. Round branch vase, £150, Jane Trozzo
9. Blush textile wall hanging, £84, MiaFleur
10. Jumble multicolour photo frame, £135, PB





1. Skir - C-print by Details by M., from £40.50
2. The Catch white hanging vase by Havsglas Sverige. £45
3. ULLA small hanging pot by Camilla Engdahl. £31.05
4. Copper candle NRS by Langoviken. £157.50



Nordic Design Collective
 Referred to as a 'marketplace', Nordic Design Collective was founded by Maria Richardson. The company works with carefully-selected designers and all products are created to a high standard. Hosting an abundance of upcoming, independent designers, Nordic Design Collective is a great place to shop for Nordic decorations and accessories to enhance to your hygge theme.



1. Anistode coffee table. £405, PIB
2. 100% teak Nederland occasional table. £75, PIB
3. Normann Copenhagen Tablo small table. £174.90, Black By Design
4. 100% natural teak Runkö occasional table. £119, PIB

Coffee break

The hygge scheme wouldn't be complete without a coffee table that you and your guests can gather around for a hot drink and a natter. Whether small with just enough space for two or three cups or a large table for those get-togethers where tea cups may be replaced with wine glasses, there are an abundance of tables to choose from.

